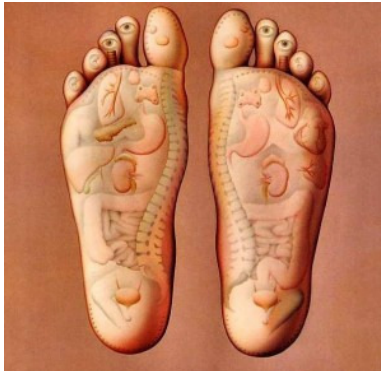


FOR HEALTH AND BEAUTY

FOOT MASSAGE STONE CARPET

Massage methods is based on ancient techniques for health recovery.



There are thousands of nerve endings **in the feet** which are connected to various internal organs of the human body.

Stimulating these points can positively influence and normalize body functioning.

Body benefits of Foot Massage Stone Carpet:

- burst of energy and a warm cozy feeling in your feet during and after massage,
- optimism increases,
- stress reduces,
- improves joint motion renewal
- increases venous circulation,
- activates and improves functions of different body parts.

Usage

Place stone carpet on the floor and step on it, massaging is done by transferring the body weight from one leg to another from tips of the toes to heels and sides.

However, to reach the optimal effect do the dancing - stand on the carpet, and turn around clockwise for several times, or simply march e on the spot.

Foot massage session lasts from 1 to 10 minutes, depending on skin sensitivity. If your foot skin is extra sensitive, then, we suggest to start massage session in thick socks until your skin gets used to it.

Stone carpet can be used individually and in:

- SPA centres,
- fitness clubs,
- bathhouses,
- swimming pools,
- showers.

Safety:

- Make sure that the carpet does not slide on the floor,
- Massage is not suggested for people suffering from fungal infections, wounds, or other acute skin damages.(Visit your dermatologist).

Foot Massage Stone Carpet designed and manufactured from different sizes of stones broken stones or pebbles collected in Latvia, and ecologically neutral polyurethane.

- Stone carpet is easy to care for, use water and ordinary detergents.
- Do not clean carpet with aggressive solvents.
- Keep away from places where the temperature exceeds 90°C.

Foot Massage Stone Carpet is a key to good health, positive mood and instant stress relief!