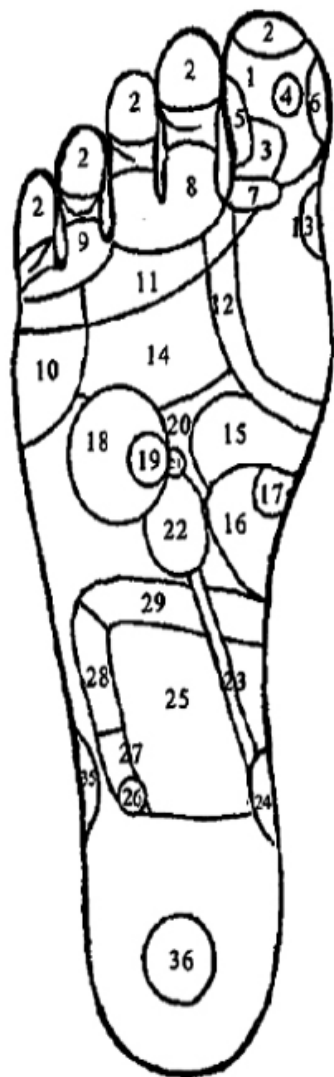


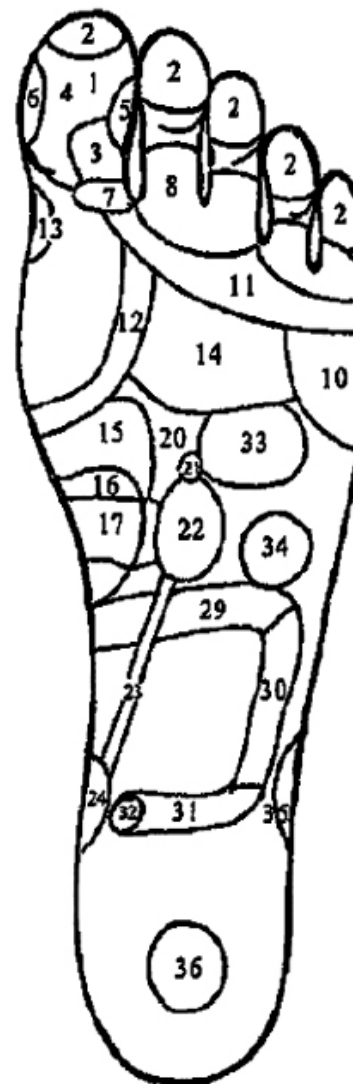
FOR HEALTH AND BEAUTY

Image 1. Reflex zones of active nerve points on the right foot:



1. left side (cerebral hemisphere) of head
2. forehead, left side paranasal cavities
3. spinal cord, cerebellum
4. pituitary gland
5. left temporal part, trigeminal nerve
6. nose
7. occiput
8. left eye
9. left ear
10. right shoulder
11. right trapezius muscle
12. thyroid gland
13. parathyroid glands
14. right lung and bronchi
15. stomach
16. duodenum
17. pancreas
18. liver
19. gallbladder
20. solar plexus
21. right adrenal gland
22. right kidney
23. right ureter
24. urinary bladder
25. small intestine
26. appendix
27. large intestine valve
28. ascending colon
29. transverse colon
35. right knee
36. right gonads (testes/ ovaries)

Image 2. Reflex zones of active nerve points on the left foot:



1. right side (cerebral hemisphere) of head
2. forehead, left side paranasal cavities
3. spinal cord, cerebellum
4. pituitary gland
5. left temple, trigeminal nerve
6. nose
7. occiput
8. right eye
9. right ear
10. left shoulder
11. left trapezius muscle
12. left thyroid gland muscle
13. parathyroid glands
14. left lung and bronchi
15. stomach
16. duodenum
17. pancreas
20. solar plexus
21. left adrenal gland
22. left kidney
23. left ureter
24. urinary bladder
25. small intestine tract
29. transverse colon
30. descending colon
31. rectum
32. anus
33. heart
34. spleen
35. left knee
36. left gonads (testes or ovaries)